

The RYS Daily 7/15/07 Philosophical Thoughts V

From The Mussar Movement, Volume 1, Part 2, pages 139 - 140.

His constant preoccupation with Torah meditation would express itself in his outward behavior: He would almost always be nodding his head, whispering with his lips, and muttering to himself. In places where it was forbidden to reflect on Torah, his efforts at restraint would be clearly visible. No sooner would he conclude the berachah appropriate to these instances, than his thoughts would burst forth all at once with a mighty roar, as of waters breaking the wall of a dam. Even when he lay down to sleep, his mutterings and lip movements continued, to the consternation of till who heard him.

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