## The RYS Daily 6/13/07 Mussar Doctrine XII

From The Mussar Movement, Volume 1, Part 2, page 23 - 2.

R. Israel discovered the natural means for this purpose, and on them he based his entire approach. He posited the principle that all intellectual study — even though it belongs in the category of the "clear and luminous drives" — exerts some impression on the "obscure" — non-luminous" aspect of the spirit. Repeating the material studied many times will cause the individual impressions to accumulate and to create a sub-conscious effect. He adduced proof from experience: "We see this in human faculties, in the intellectual as well. Initially, learning is conscious. It advances laboriously. How hard does the teacher have to work with the child beginning to study Hebrew, to make him recognize and repeat the words at first [try], to make him apprehend the letters and then combine them into a complete word! The boy proceeds to read the letters and words only with great difficulty. Afterwards, once he has acquired the necessary skill, he reads rapidly without any special concentration." This is only because each time the material is reviewed it leaves some additional impression on the mind, and through continued study and frequent repetition, the various impressions accumulate, and his knowledge becomes transformed into the completely hidden aspect."

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