The RYS Daily 11/6/06 Davening Maariv Early

From The Mussar Movement Volume 1, Part 2 page 228

In the synagogue where he prayed regularly, he established the practice to pray early on Friday and Festival evenings, and not to wait for the set time for the Shema. He argued: The housemaid was not obliged to recite the Shema, but was duty bound to hear Kiddush. Hence it was wrong to make her wait for Kiddush and suffer distress and hunger after so hard a day's work of preparation, because of the extra piety of reciting the Shema of the Evening Service in the proper time.

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