

Stevens Institute of Technology 2006-2007 Catalog

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Physical Education, Athletics, And Recreation



RUSSELL ROGERS, DIRECTOR

FACULTY

Associate Professors

Nicholas Mykulak, M.A. (1976), Montclair State College
Linda Vollkommer, B.A. (1970), Jersey City State College

UNDERGRADUATE PROGRAMS

The Department of Physical Education conducts a structured instructional class program which provides students with knowledge and skills in a wide range of lifetime, team, dance and wellness oriented activities. Students participate in a multitude of sport activities which can be enjoyed both during college and beyond. They may choose from the following classes: aerobics, archery, badminton, basketball, bowling, fencing, fitness, cardio-kickboxing, CPR certification, dance, golf, nutrition, outdoor adventure, outdoor leadership, pilates, racquetball, rock climbing, sailing, scuba, northern shaolin, softball, squash, strength and conditioning, swimming, tai chi, tennis, wellness, indoor cycling, and yoga. The Physical Education course offerings are updated on an annual basis to meet the needs and interests of the student body. Course offerings may vary from semester to semester.

The Physical Education (PE) requirement for students varies within the three different academic schools at Stevens.

- Incoming School of Engineering freshmen (2009 and later) must complete a three semester PE requirement for non-academic credit.
- ALL other students must complete a six semester PE requirement for academic credit.

This includes:

- Continuing School of Engineering students (Class of 2007 and 2008).
- All students in the School of Arts and Sciences.
- All students in the School of Technology Management.

The department also offers the opportunity for athletic competition through its intercollegiate, club sport and intramural programs, and provides supervised recreation on evenings and weekends during the school year.

PE 200 Physical Education (0-2-1)

Introduction in lifetime, team, dance, and wellness activities. Grading is pass/fail or letter grade.

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